

CLENPIQ COLONOSCOPY PREP

Your procedure is scheduled for:

Date: _____ Place: _____

Arrival Time: _____ Physician: _____

Three days before the procedure, begin a LOW RESIDUE DIET (see low residue diet instructions)

One day Before the Procedure:

- **Do not eat anything solid.** Follow the **clear liquid diet** instructions.
- Clear liquids include water, black coffee, tea, apple juice, white grape juice, soda, Jell-O, popsicles, broth, and drinks. **DO NOT** drink milk or use non-dairy creamer. **DO NOT** drink anything colored red or purple. **DO NOT** drink alcohol.

The Evening Before Procedure at 5:00pm:

- **Drink the first 5 oz bottle of Clenpiq.**
- Drink **five 8 oz. cups water** over the next 5 hours.

The Day of the Procedure:

- **Do not eat.**
- At least 4 hours before your scheduled arrival time, **drink the second 5 oz. bottle of Clenpiq.** (If your procedure is scheduled earlier than 9:00 AM, you may take the second dose of the prep the night before.)
- Drink at least **three 8 oz. cups of water** over the next hour.
- You may have clear liquids until 2 hours before your arrival time. Do not chew gum, smoke or chew tobacco. **Do not drink anything within 2 hours of your arrival time.**

Important:

- You will not be able to drive after your procedure. **You will need a driver** to stay during your procedure and to drive you home afterward.
- Avoid iron supplements for 1 week before the procedure.
- If you take aspirin for heart protection, **DO NOT** stop taking it.
- If you normally take medication in the morning for high blood pressure or seizures, please take it as usual at least 2 hours before arrival.
- Please notify your doctor at least one week before the procedure if you take warfarin (Coumadin), Plavix, Eliquis, Xarelto, Pradaxa, or other blood thinners.

Please call the office during regular business hours for any questions.

918-438-7050, M-Thurs 8:00am – 4:30pm, Friday 8:00am-3:00pm