

Examples of things on a liquid diet

- Water
- Chicken or beef broth
- Tea and coffee (no cream or dairy products)
- DO NOT have any liquids that are red or purple
- Jell-O without fruit chunks
- Gatorade or other sports drinks (no red or purple)
- Crystal Light or Kool-Aid (no red or purple)
- Soft Drinks
- Juice (apple, white grape)
- Popsicles (no red or purple)

Please call the office during regular business hours for any questions

918-438-7050, M-Thurs 8:00am – 4:30pm, Friday 8:00am-3:00pm